

PACKING LIST FOR ALL-CHURCH RETREAT 2016

- Comfortable clothes
- Comfortable shoes for walking
 - Flip flops or other shoes for walking around the lodge
- Warmer layers, in case of cool evenings
- Rain jacket
- Sunscreen
- Insect repellent
- Reusable water bottle
- Travel coffee mug
- Pillow, extra towel, and thicker blanket, if you so choose
 - *You do not need to bring linens. Montreat Conference Center will provide sheets, a light blanket, pillows with pillow cases, and a towel and wash cloth for each participant. This does NOT include youth.*
- Toiletries
- Medication
- Notepad and pen or pencil for the program sessions
- Flashlight
- To coordinate with those in your cabin:
 - Breakfast food
 - Snack food
 - Beverages (particularly of the adult kind)
- For free time options:
 - Sporting equipment
 - Reading material
 - Musical instruments
 - Playing cards, board games
 - Camera